

July 2025 KSI Lunch* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Garlic Chicken 30 Served with WG Brown Rice, Garlic Green Beans, Mandarin Oranges, Fat Free Chocolate Milk	Ham & Turkey Melt 1 WG Hamburger Bun, Cheddar, Spinach, Tomato, Garlic Aioli, Mixed Fruit, Fat Free Chocolate Milk	Chicken Tenders 2 Served with Potato Wedges, Apple Sauce, WG Hawaiian Roll, Fat Free Chocolate Milk	Caesar Salad 3 WG Croutons, Shredded Lettuce, Parmesan Cheese, Grilled Chicken, Pears, Fat Free Chocolate Milk	CLOSED HAPPY 4th of JULY!
Egg Salad Sandwich 7 WG Wheat Bread, Lettuce, Tomato, Potato Salad, Mixed Fruit, Fat Free Chocolate Milk	Turkey Ruben Sandwich 8 Thinly Sliced Turkey, Cole Slaw, White American Cheese, Thousand Island Dressing, Apple Sauce, Fat Free Chocolate Milk	Philly Cheesesteak Loaded Baked Potato 9 Shaved Beef, Caramelized Onions, Peppers, White American Cheese, Mandarin Oranges, Fat Free Chocolate Milk	Chicken Parmesan Sandwich 10 WG Hamburger Bun, Breaded Chicken Cutlet, Pink Sauce, Mozzarella Cheese, Side Salad, Peaches, Fat Free Chocolate Milk	Chopped Italian Sub 11 Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato, Onion, Tossed in a Creamy Dressing on WG Hot Dog Roll, Potato Salad, Pears, and Fat Free Chocolate Milk
BLT Sandwich 14 Turkey Bacon, Lettuce, Tomato, Served on WG Wheat Bread, with Potato Salad, Peaches, Fat Free Chocolate Milk	Mac & Cheese Pizza Bites 15 WG Elbow Noodles, Creamy Cheese Sausage, Crumbled Italian Sausage, Tomato Sauce, Side Salad, Mixed Fruit, and Fat Free Chocolate Milk	Corn Flake Crusted Chicken 16 Served with Garlic Spinach, Cheesy Grits, Alfredo Sauce, Apple Sauce, and Fat Free Chocolate Milk	Meat Lasagna 17 Ground Beef, Mozzarella Cheese, Roasted Tomato Sauce, WG Texas Toast, Pineapple, and Fat Free Chocolate Milk	Sesame Chicken 18 Served with Vegetable Fried Rice (Peas, Carrots, Onions), Fried Egg, Broccoli, Mandarin Oranges, and Fat Free Chocolate Milk
Breakfast for Lunch 21 Breakfast Bowl Served with Scrambled Eggs, Cheese, Potato Tots, and Turkey Sausage, Strawberries and Fat Free Chocolate Milk	Taco Salad 22 Ground Beef, Lettuce, Tomato, Black Beans, Cheddar Cheese, Corn, Pineapple, and Fat Free Chocolate Milk	Homestyle Meatloaf 23 Served with Cheesy Mashed Potatoes, Green Beans, WG Hawaiian Roll, and Fat Free Chocolate Milk	Sausage & Cheese Pizza 24 WG Cheese Pizza Topped with Crumbled Italian Sausage, Side Salad, Mixed Fruit, and Fat Free Chocolate Milk	Turkey Wraps 25 Served on WG Tortilla, Lettuce, Tomato, Shaved Turkey, Turkey Bacon, Potato Salad, Apple Sauce, and Fat Free Chocolate Milk
Meatball Subs 28 WG Hot Dog Bun Served with All Beef Meatballs, Roasted Tomato Sauce, Mozzarella Cheese, Mandarin Oranges, and Fat Free Chocolate Milk	Cobb Salad 29 Lettuce, Tomato, Turkey Bacon, Grilled Chicken, Hard Boiled Egg, Cheddar Cheese, Avocado, WG Croutons, Peaches, Fat Free Chocolate Milk	BBQ Chicken Sandwich 30 BBQ Glazed Chicken Cutlet, American Cheese, Turkey Bacon, Sweet Potato Tots, Cole Slaw, and Fat Free Chocolate Milk	Chicken Alfredo Loaded Baked Potato 31 Loaded Baked Potato Stuffed with Shredded Chicken, Broccoli, Alfredo Sauce, WG Roll, and Fat Free Chocolate Milk	

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KSI is an equal opportunity provider